

Statement on the risk assessment of cow's milk in children aged 1 to 5 years, in the context of plant-based drinks evaluations

# Consumption data

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10. The National Diet and Nutrition Survey (NDNS) rolling programme and Diet and Nutrition Survey of Infants and Young Children (DNSIYC) data were used to undertake chronic exposure assessments in this statement, required for assessing the safety of milk from a chemical contaminant perspective, in young children aged 6 months to 5 years (Department of Health, 2011; Bates et al., 2014; Roberts et al., 2018). The data presented in Table 1 include consumption data for cow's milk consumed as a drink and when used in recipes. Consumption data for children aged 6 – 12 months are derived from milk used in recipes only, as cow's milk is not recommended by the NHS as a main drink for infants in this age range (NHS, 2018). Table 2 presents consumption data for milk as a drink only. As these values are only slightly lower than the combined exposures in Table 1, milk as a drink dominating consumption in all age groups above 6 months, exposure assessments have been undertaken using the highest consumption estimates from Table 1.

Table 1. Estimated chronic consumption of cow's milk in consumers (as a drink and with recipes).

Age (months)	Number of Consumers	(g/person/day) Mean	(g/person/day) 97.5 <sup>th</sup> percentile	(g/kg bw per day) Mean	(g/kg bw per day) 97.5 <sup>th</sup> percentile
6 – 12	1257	120	460	13	48
12 – 18	1275	350	790	32	75
18 – 24	157	350	840	29	79
24 – 48	351	320	770	23	59
48 – 60	618	290	780	17	46

Table 2. Estimated chronic consumption of cow's milk in consumers (as a drink without recipes).

Age (months)	Number of Consumers	(g/kg bw per day) Mean	(g/kg bw per day) 97.5 <sup>th</sup> percentile
12 – 18	1148	30	71
18 – 24	147	28	73
24 – 48	337	21	54
48 – 60	585	15	42

11. Exposure assessments utilising these data cover the general population at both mean and high levels of consumption.