

Statements

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Landfill sites

COT second statement on landfill sites (2010)

[External link to the national archive for the 2010 COT second statement on landfill sites](#)

Study by the small Area Health Statistics Unit (SAHSU) on health outcomes in population living around landfill sites (2001)

[External link to the national archive for the 2001 COT statement on a study by the Small Area Health Statistics Unit \(SAHSU\) on health outcomes in populations living around landfill sites](#)

Also see the COT landfill statement

Lay summaries

Statement on the Effects of Mercury on Maternal Health - Lay Summary (COT/2025/03)

[Statement on the Effects of Mercury on Maternal Health - Lay Summary](#)

PDF

[View Statement on the Effects of Mercury on Maternal Health - Lay Summary as PDF](#) (88.98 KB)

Statement on the Safety of Ginger Supplement Use in Pregnancy: Lay Summary (COT/2025/01)

[Statement on the Safety of Ginger Supplement Use in Pregnancy: Lay Summary](#)

PDF

[View /Statement on the Safety of Ginger Supplement Use in Pregnancy: Lay Summary as PDF \(104.73 KB\)](#)

COT Statement on the Safety of Titanium dioxide (E171) as a Food Additive - Lay Summary (COT/2024/05)

[COT Statement on the Safety of Titanium dioxide \(E171\) as a Food Additive - Lay Summary](#)

PDF

[View COT Statement on the Safety of Titanium dioxide \(E171\) as a Food Additive - Lay Summary as PDF \(146.83 KB\)](#)

Statement on the potential risk to human health of turmeric and curcumin supplements: Lay summary (COT/2024/07)

[Statement on the potential risk to human health of turmeric and curcumin supplements: Lay summary](#)

PDF

[View Statement on the potential risk to human health of turmeric and curcumin supplements: Lay summary as PDF \(135.31 KB\)](#)

Statement on the Hepatotoxicity of Green Tea Catechins: Lay Summary (COT/2024/08)

[Statement on the Hepatotoxicity of Green Tea Catechins: Lay Summary](#)

PDF

[View Statement on the Hepatotoxicity of Green Tea Catechins: Lay Summary as PDF \(101.86 KB\)](#)

Statement on the potential health effects of raspberry leaf tea in the maternal diet: Lay summary (COT/2024/06)

[Statement on the potential health effects of raspberry leaf tea in the maternal diet: lay summary](#)

PDF

[View Statement on the potential health effects of raspberry leaf tea in the maternal diet: lay summary as PDF](#) (92.54 KB)

Statement on Aircraft Cabin Air Quality - Non-technical Summary (COT/2024/04)

[Statement on Aircraft Cabin Air Quality - Non-technical Summary](#)

PDF

[View Statement on Aircraft Cabin Air Quality - Non-technical Summary as PDF](#) (131.65 KB)

COT statement on the potential risks from lead in the maternal diet: Lay summary (2024)

[COT statement on the potential risks from lead in the maternal diet: Lay summary](#)

PDF

[View COT statement on the potential risks from lead in the maternal diet: Lay summary as PDF](#) (82.61 KB)

Statement on Vitamin D Exposure Levels in Formula Fed Infants and Children: Lay Summary (COT/2024/02)

[Lay Summary: Statement on Vitamin D Exposure Levels in Formula Fed Infants and Children](#)

PDF

[View Lay Summary: Statement on Vitamin D Exposure Levels in Formula Fed Infants and Children as PDF](#) (151.45 KB)

Sub-statement on the potential risk(s) from exposure to microplastics: Inhalation route - Lay summary (COT/2024/01)

[Sub-statement on the potential risk\(s\) from exposure to microplastics: Inhalation route - Lay summary](#)

PDF

[View Sub-statement on the potential risk\(s\) from exposure to microplastics: Inhalation route as PDF](#) (1.21 MB)

Lay summary Statement on the guidance levels for the fortificants in the Bread and Flour Regulations (2023)

[Lay summary Statement on the guidance levels for the fortificants in the Bread and Flour Regulations](#)

PDF

[View Lay summary Statement on the guidance levels for the fortificants in the Bread and Flour Regulations as PDF](#) (134.82 KB)

COT statement on the potential risks from lead in the maternal diet: Lay summary (COT/2024/03)

[COT statement on the potential risks from lead in the maternal diet: Lay summary](#)

PDF

[View COT statement on the potential risks from lead in the maternal diet: Lay summary as PDF](#) (82.61 KB)

COT statement on the potential risks from cadmium in the maternal diet: Lay Summary (2022)

[Lay Summary to COT Statement 05/22](#)

PDF

[View COT statement on the potential risks from cadmium in the maternal diet: Lay Summary as PDF](#) (110.96 KB)

Statement on the EFSA Opinion on the risks to human health related to the presence of perfluoroalkyl substances (PFASs) in food: Lay Summary (2022)

[Statement on the EFSA Opinion on the risks to human health related to the presence of perfluoroalkyl substances \(PFASs\) in food: Lay Summary.](#)

PDF

[View Lay Summary: Statement on the EFSA Opinion on the risks to human health related to the presence of perfluoroalkyl substances as PDF](#) (149.38 KB)

Statement on the effects of excess Vitamin A on maternal health: Lay Summary (2022)

[Lay Summary of the Statement on the effects of excess Vitamin A on maternal health](#)

PDF

[View Lay Summary of the Statement on the effects of excess Vitamin A on maternal health. as PDF](#) (112.69 KB)

Lay Summary of the Statement on the potential effects that excess iodine intake may have during preconception, pregnancy and lactation (2022)

[Lay Summary of the Statement on the potential effects that excess iodine intake may have during preconception, pregnancy and lactation](#)

PDF

[View Lay Summary of the Statement on the potential effects that excess iodine intake may have during preconception, pregnancy and la as PDF](#) (157.63 KB)

Statement on Vitamin D: Lay Summary (2022)

[Lay Summary of the Statement on the Effects of Vitamin D on Maternal Health](#)

PDF

[View Lay Summary of the Statement on the Effects of Vitamin D on Maternal Health as PDF](#) (85.31 KB)

Lay summary overarching statement on consumption of plant-based drinks in children aged 6 months to 5 years of age (2021)

Lay summary overarching statement on consumption of plant-based drinks in children aged 6 months to 5 years of age

PDF

[View Lay summary overarching statement on consumption of plant based drinks in children aged 6 months to 5 years as PDF](#) (199.7 KB)

Statement on the potential risk(s) of combined exposure to mycotoxins: Lay summary (2021)

PDF

[View Statement on the potential risk\(s\) of combined exposure to mycotoxins: Lay summary as PDF](#) (166.9 KB)

Lay Summary of COT overarching statement on the potential risks from exposure to microplastics (2021)

PDF

[View Lay summary overarching statement on the potential risks from exposure to microplastics as PDF](#) (115.92 KB)

Lay summary of the statement on interactions between xenobiotics and the human microbiota and their potential toxicological implications (2020)

PDF

[View Lay summary of COT statement on interactions between xenobiotics and the human microbiota as PDF](#) (98.39 KB)

Lay summary of statement on the potential toxicological risks from electronic nicotine (and non-nicotine) delivery systems (E(N)NDS - e-cigarettes) (2020)

PDF

[View Lay summary of statement on the potential toxicological risks from \(E\(N\)NDS - e-cigarettes\) as PDF](#) (129.67 KB)

Lay summary addendum to the Overarching Statement on the potential risks from contaminants diet of infants and young children (2020)

Lay summary addendum to the COT overarching Statement on the potential risks from contaminants in the diet of infants aged 0 to 12 months and children aged 1 to 5 years

PDF

[View Lay summary addendum to the overarching statement on the potential risks from contaminants in the diet of infants and children as PDF](#) (123.34 KB)

Lay summary overarching statement on the potential risks from contaminants in the diet of infants and young children

(2019)

Lay summary COT overarching statement on the potential risks from contaminants in the diet of infants aged 0 to 12 months and children aged 1 to 5 years

PDF

[View Lay summary overarching statement on the potential risks from contaminants in the diet of infants and children as PDF](#) (102.52 KB)

Lay summary Folic Acid - Statement on the Tolerable Upper Level (TUL) (2019)

Lay summary COT statement on Folic Acid

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[View Lay summary Folic Acid - Statement on the Tolerable Upper Level \(TUL\) as PDF](#) (233.94 KB)

Lay summary on the potential risks from “energy drinks” in the diet of children and adolescents (2019)

Lay summary COT statement on Energy drinks

PDF

[View Lay summary on the potential risks from “energy drinks” in the diet of children and adolescents as PDF](#) (108.1 KB)

The potential risks from cadmium in the infant diet (2018)

[External link to the national archive for the 2018 COT statement on the potential risks from cadmium](#)

Potential risks from copper in the diet of infants and young children (2018)

[External link to the national archive for the 2018 COT statement on copper](#)

The health effects of manganese in the diets of infants and young children (2018)

[External link to the national archive for the 2018 COT statement on the health effects of manganese in the diets of infants aged 0-12 months and children aged 1-5 years](#)

The results of the 2014 survey of metals and other elements in infant foods (2018)

[External link to the national archive for the 2018 COT statement on the results of the 2014 survey of metals and other elements in infant foods](#)

Potential risks from nickel in the diet of infants and young children (2018)

[External link to the national archive for the 2018 COT statement on potential risks from nickel in the diet of infants aged 0 to 12 months and children aged 1 to 5 years](#)

The potential risks from ochratoxin A (OTA) in the diet of infants and young children (2018)

[External link to the national archive for the 2018 COT statement on potential risks from ochratoxin A \(OTA\) in the diet of infants aged 0 to 12 months and children aged 1 to 5 years](#)

Potential risks from methylmercury in the diet of infants and young children (2018)

[External link to the national archive for the 2018 COT statement on methylmercury](#)

Heat not burn tobacco products (2017)

[External link to the national archive for the 2017 COT statement on heat not burn tobacco products](#)

Addendum to the 2013 COT statement on potential risks from vitamin A (2017)

[External link to the national archive for the 2017 Addendum to the 2013 COT statement on potential risks from vitamin A](#)

The potential risks from excess iodine (2017)

[External link to the national archive for the 2017 COT statement on the potentials risks from excess iodine](#)

Addendum to the 2015 COT statement on potential risks from PBDEs in the infant diet (2017)

[External link to the national archive for the 2017 Addendum to the 2015 COT statement on potential risks from polybrominated diphenyl ethers \(PBDEs\) in the infant diet](#)

Potassium-based replacements for sodium chloride and sodium-based additives (2017)

[External link to the national archive for the 2017 COT statement on potassium-based replacements for sodium chloride and sodium-based additives](#)

Addendum to the 2013 COT statement on lead (2016)

[External link to the national archive for the 2016 Addendum to the 2013 COT statement on lead](#)

Potential risks from acrylamide in the diet of infants and young children (2016)

[External link to the national archive for the 2016 COT Statement on Acrylamide](#)

Statement on Arsenic in infants and young children (2016)

[External link to the national archive for the 2016 COT statement on arsenic](#)

Addendum to the 2015 COT Statement on hexabromocyclododecanes (HBCDDs) (2016)

[External link to the national archive for the 2016 Addendum to the 2015 COT Statement on hexabromocyclododecanes \(HBCDDs\)](#)

Polybrominated diphenyl esters (PBDEs) (2015)

[External link to the national archive for the 2015 COT statement on PBDEs](#)

Polybrominated biphenyls (PBBs) in the infant diet (2015)

[External link to the national archive for the 2015 COT statement on PBBs in the infant diet](#)

Hexabromocyclododecanes (HBCDDs) (2015)

[External link to the national archive for the 2015 COT statement on HBCDDs](#)

Domoic acid in king scallops (Pecten Maximus) (2014)

[External link to the national archive for the 2014 COT statement on domoic acid in king Scallops \(Pecten Maximus\)](#)

Risks from Perfluorooctane (PFOS) in the infant diet (2014)

[External link to the national archive for the 2014 COT statement on PFOS](#)

Statement on Organophosphates (2014)

[External link to the national archive for the 2014 COT statement on Organophosphate](#)

Endosulfan isomers, pentachlorobenzene and chlordane (2014)

[External link to the national archive for the 2014 COT statement on endosulfan isomers, pentachlorobenzene and chlordane](#)

Hexachlorocyclohexanes (HCHs) (2014)

[External link to the national archive for the 2014 COT statement on HCHs](#)

The possible harmful effects of high intakes of vitamin D (2014)

[External link to the national archive for the 2014 COT statement on Vitamin D](#)

High levels of vitamin A in the infant diet (2013)

[External link to the national archive for the 2013 COT on vitamin](#)

Statement on Phytoestrogens (2013)

[External link to the national archive for the 2013 COT statement on phytoestrogens](#)

Potential risks from lead in the infant diet (2013)

[External link to the national archive for the 2013 COT statement on lead](#)

Risks of chemical toxicity and allergic disease in relation to infant diet (2012)

[External link to the national archive for the 2012 COT overarching statement on risks of chemical toxicity and allergic disease in relation to infant diet](#)

The interaction of caffeine and alcohol and their combined effects on health and behaviour (2012)

[External link to the national archive for the 2012 COT Statement on the interaction of caffeine and alcohol and their combined effects on health and behaviour](#)

Use of toxicogenomics in risk assessment (2012)

[External link to the national archive for the 2012 COT statement on the use of toxicogenomics data in risk assessment](#)

Dietary exposure to Phthalates - data from the Total Diet Study (2011)

[External link to the national archive for the 2011 COT statement on dietary exposure to phthalates - data from the Total Diet Study \(TDS\)](#)

Para-occupational exposure to pesticides and health outcomes (2011)

[External link to the national archive for the 2011 COT statement on para-occupational exposure to pesticides and health outcomes other than cancer](#)

Effects of chronic dietary exposure to methanol (2011)

[External link to the national archive for the 2011 COT statement on the effects of chronic dietary exposure to methanol](#)

Summary statement on restriction of DEHP, BBP, DBP DiBP (2011)

COT summary statement on the restriction report: Proposal for restriction: Bis(2-ethylhexyl)phthalate (DEHP), Benzyl butyl phthalate (BBP), Dibutyl phthalate (DBP) and Diisobutyl phthalate (DiBP)

[External link to the national archive for the 2011 COT summary statement on restriction report: Proposal for a restriction DEHP, BBP, DBP and DiBP](#)

Idiopathic Environmental Intolerance (IEI) (2011)

[External link to the national archive for the 2011 COT statement on IEI](#)

Occurrence of mixed halogenated dioxins and biphenyls in UK food (2010)

[External link to the national archive for the 2010 COT statement on occurrence of mixed halogenated dioxins and biphenyls in UK food](#)

Review of the cabin air environment, ill-health in aircraft crews and the possible relationship to smoke/fume events in aircraft (2007)

[External link to the national archive for the 2007 COT statement on the review of the cabin air environment, ill-health in aircraft crews and the possible relationship to smoke/fume events in aircraft](#)

Tolerable daily intake for dioxins and dioxin-like polychlorinated biphenyls (2001)

[External link to the national archive for the 2001 COT statement on the tolerable daily intake for dioxins and dioxin-like polychlorinated biphenyls](#)

Lead

Statement on the effects of lead on maternal health (COT/2024/03)

[Statement on the effects of lead on maternal health](#)

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COT statement on the potential risks from lead in the maternal diet: Lay summary (COT/2024/03)

[COT statement on the potential risks from lead in the maternal diet: Lay summary](#)

PDF

[View COT statement on the potential risks from lead in the maternal diet: Lay summary as PDF](#) (82.61 KB)

Addendum to the 2013 COT statement on lead (2016)

[External link to the national archive for the 2016 Addendum to the 2013 COT statement on lead](#)

Potential risks from lead in the infant diet (2013)

[External link to the national archive for the 2013 COT statement on lead](#)