

Meeting

COT Meeting: 31st March 2026

Meeting Agenda

1. Apologies for absence.
2. Draft minutes and reserved minutes of the meeting Tuesday 3rd February 2026 TOX/MIN/2026/01.
3. Matters arising.
4. AI State of the Science (Reserved) TOX/2026/08.
5. Review of guidance on irritant sprays and their formulations (Reserved) TOX/2026/09.
6. Maternal diet Annex TOX/2026/10.
7. Echinacea in the maternal diet- second draft statement TOX/2026/11.
8. Potential health risks from fluoride at UK exposure levels – Introductory paper TOX/2026/12.
9. Draft guidance on default values and uncertainty factors to be used by the EFSA Scientific Committee, Scientific Panels and Units in the absence of actual measured data TOX/2026/13.
10. Draft scientific opinion on the safety of plant preparations containing berberine TOX/2026/14.
11. Draft EFSA Scientific opinion on the safety of hydroxycitric acid and plant preparations containing hydroxycitric acid TOX/2026/15.
12. Update on the work of other FSA Scientific Advisory Committees for information TOX/2026/16.
13. Any other business.

Matters arising:

- JEG Updates,
- Subgroups,
- Working groups,
- Horizon scanning – example of new format TOX/2026/07.

Media discussed during the meeting

TOX/MIN/2026/01

[Draft Minutes of the 3rd February 2026 COT Meeting](#)

TOX/2026/07

[Potential future discussion items – horizon scanning – proposed format of summary table](#)

TOX/2026/08

(Reserved)

TOX/2026/09

(Reserved)

TOX/2026/10

[Scope of the Nutrition and maternal health project](#)

TOX/2026/11

[Second Draft Statement on the potential health risks of Echinacea in the maternal diet](#)

[Annex A to TOX/2026/11](#)

[TOX/2026/11 Appendix A](#)

[TOX/2026/11 Appendix B](#)

TOX/2026/12

[Potential health risks from fluoride at UK exposure levels – Introductory paper](#)

[Annex A to TOX/2026/12 - Fluoridation literature search proposal development](#)

TOX/2026/13

[Draft guidance on default values and uncertainty factors to be used by the EFSA Scientific Committee, Scientific Panels and Units in the absence of actual measured data](#)

TOX/2026/14

[Draft Scientific Opinion on the safety of plant preparations containing berberine](#)

TOX/2026/15

[Draft Scientific Opinion on the safety of hydroxycitric acid and plant preparations containing hydroxycitric acid for public consultation](#)

TOX/2026/16

[Update on the work of other Scientific Advisory Committees- March 2026](#)