

Exposure Assessment

In this guide

[In this guide](#)

1. [Introduction and Background - Annex A to TOX/2025/32](#)
2. [Toxicology - Annex A to TOX/2025/32](#)
3. [Health based guidance values - Annex A to TOX/2025/32](#)
4. [Exposure Assessment - Annex A to TOX/2025/32](#)
5. [Risk characterisation - Annex A to TOX/2025/32](#)
6. [Uncertainties - Annex A to TOX/2025/32](#)
7. [Conclusions - Annex A to TOX/2025/32](#)
8. [List of Abbreviations and Technical Terms - Annex A to TOX/2025/32](#)
9. [References - Annex A to TOX/2025/32](#)

This is a paper for discussion. This does not represent the views of the Committee and should not be cited.

49. Exposure to CIT was carried out in the absence of data specific to the maternal diet, and was instead determined for women of child-bearing age (16-49 years), using consumption data from the National Diet and Nutrition Survey (NDNS) and occurrence data from the 2014 Total Diet Study (TDS) (Bates et al., 2014, 2016, 2020; Roberts et al., 2018, FSA, 2014).

50. Occurrence data from all food samples analysed for CIT were below the limit of quantification (LOQ) and the exposures calculated are based on the lower bound (LB) and upper bound (UB) values. As the LB is zero for a commodity, it cannot be determined whether a commodity makes a contribution to the overall exposure.

51. Mean total exposure to CIT for women of child-bearing age ranged from 0-17 ng/kg bw/day, whilst exposure in high consumers (97.5th percentile) ranged from 0-43 ng/kg bw/day. The food groups with the highest UB values were tea with a mean value of 6.2 ng/kg bw/day and a 97.5th percentile value of 23 ng/kg bw/day; instant coffee with a mean value of 2.6 and 97.5th percentile value of 17

ng/kg bw/day; wine with a mean value of 1.0 ng/kg bw/day, and 97.5th percentile value of 6.5 ng/kg bw/day.

52. CIT was not detected in edible animal products in the 2014 TDS and the carryover of CIT into animal products could therefore not be included in the exposure assessment.