## 2025- statements and position papers

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## Statement on the Safety of Ginger Supplement Use in Pregnancy (COT/2025/01)

Statement on the Safety of Ginger Supplement Use in Pregnancy

Annex A: Summary of Studies

Annex B: Assessment of Exposure

Annex C: Red ginger (Zingiber officinale var. Rubrum)

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## Statement on the Safety of Ginger Supplement Use in Pregnancy: Lay Summary (COT/2025/01)

Statement on the Safety of Ginger Supplement Use in Pregnancy: Lay Summary

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